



WITH JOAN BORYSENKO & GILAH ROSNER

Join us live online—on the first full moon of 2025—for “**Calling in the Light**” and rekindle your inner light during this cold and dark time of the year. During our 3 sessions together, we’ll journey into the sacred darkness where the seeds of new light are gestating. We’ll gather the light from the 7 directions, and we’ll culminate by calling in the light for a beautiful new year.

You’ll be nurtured on this journey in a community of like-hearted travelers. Together we’ll fill our hearts with empowerment, hope, and beautiful dreams for the future. My good friend, Gilah, and I have a lot of meaningful exploration and fun planned for you. Materials will be provided prior to each session, and you’ll receive audio recordings afterward.

Using gorgeous interactive practices including meditations, rituals, short exercises, and cozy conversations in Zoom breakout rooms, you will be charmed and enchanted as together we “dance” in dark, gather the light and call it into our lives.

Highlights include a winter ritual that allows us to release our worries, fears, mistakes and limiting beliefs with a lot of love and forgiveness. a prayer to the Seven Directions taught to Joan by her mentor, a Lakota four winds medicine man, poetry by candlelight and an Inner Luminosity meditation.

Be prepared to alight with the joyful lightness of being!