

Chapel of the Heart...



Meditations and Stories
That Heal and Inspire

with

Joan Borysenko



FROM JOAN BORYSSENKO, PHD

Dr. Joan Borysenko's work has been foundational in an international healthcare revolution that recognizes meaning and spirituality as integral to wellness and healing. When chronic stress and disease depress the body's innate capacity to heal, a more expansive spiritual perspective can help calm the mind, open the heart, and restore physical and emotional resilience. In this exclusive 4-part video series, *The Chapel of the Heart*, Joan shares short, powerful stories and meditations that nurture body, mind and spirit.

1. *A Glimpse of Eternity*
2. *Our Sacred Journey*
3. *The Vision Quest*
4. *To Err is Human, To Love Divine*